

SUGGESTIONS FOR A FRUITFUL PRAYER LIFE

- † *List your prayers and record God's answers.*
- † *Write out your prayers in a journal. Dating your entries helps you be realistic about the amount of time you are spending alone with God.*
- † *Send up "arrow prayers" ...prayers that you shoot up to God throughout the day.*
- † *Begin your day with prayer, let it be ongoing, don't say "Amen" until bedtime.*
- † *Intercede for others. Schedule days of prayer for specific people*
- † *Praise God from A to Z.*
- † *Keep a family prayer list.*
- † *Pray over Christmas cards you've received.*
- † *Memorize scripture and use in your prayers. Pray God's Word back to him.*
- † *Keep a prayer journal for each child. Give it to them when they become an adult.*
- † *Create a family prayer chain (write prayers on small strips of construction paper and attach them together).*
- † *Pray the armor of God over each of your children before they leave for school each morning.*
- † *Bedtime Blessings (pray over body parts of child - i.e. kiss your child's eyes and say, "I pray that God will protect your eyes and keep you away from books, videos, movies, and tv shows that wouldn't please him).*
- † *Spend hours alone with God - this usually has to be scheduled in advance.*
- † *Prayer walk with a friend.*
- † *Walk with God like Enoch - walk alone while talking with God.*